

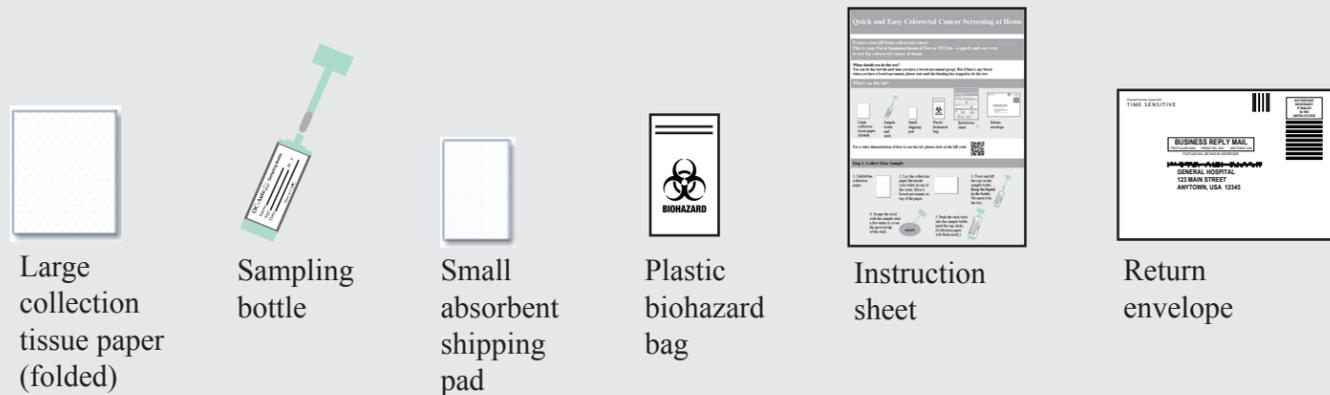
Quick and Easy Colorectal Cancer Screening at Home

Protect yourself from colorectal cancer. This is your Fecal Immunochemical Test or FIT kit—a quick and easy way to test for colorectal cancer at home.

When should you do this test?

You can do this test the next time you have a bowel movement. But if there's any blood when you have a bowel movement, please wait until the bleeding has stopped to do this test.

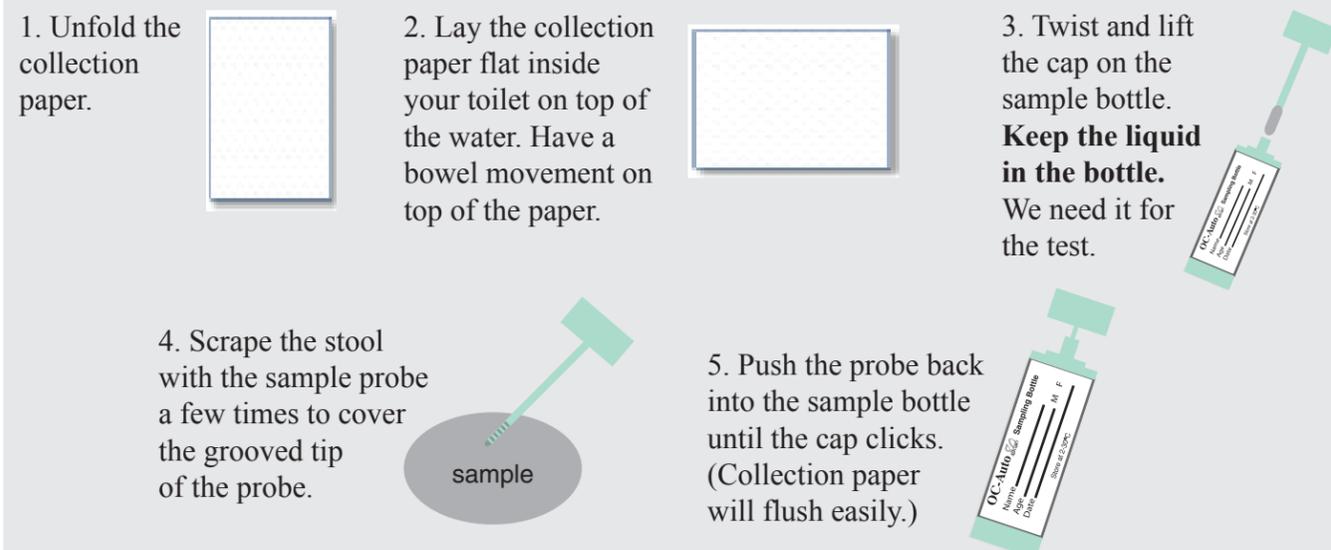
What's in this kit?



For a video demonstration of how to use this kit, please click on the QR code



Step 1. Collect Your Sample



Step 2. Label your sample container and follow instructions below

1. At the bottom of this sheet, write your name, and the date and time you collected your sample.



Please mail your stool sample back within **72 hours** of collection

NAME: _____

DATE OF SAMPLE COLLECTION: _____

TIME OF SAMPLE COLLECTION: _____

Step 3. Prepare your package for mailing

1. Wrap your sample bottle in the small absorbent shipping pad.



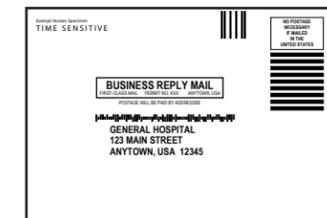
2. Put the sample bottle and the pad inside the plastic bag. Seal the bag.



3. Insert sampling bottle wrapped with absorbent pad and biohazard bag into the return mailer. Please also fold and insert this instruction sheet.



4. Mail the envelope within 72 hours.



Please mail your stool sample back within **72 hours** of collection

LAST NAME, FIRST NAME: _____

DATE (MM/DD/YYYY) OF SAMPLE COLLECTION: _____

TIME OF SAMPLE COLLECTION: _____

AM / PM

please circle

Exp. Date. _____

(Lab Use Only)